Code of Ethics



This Code of Ethics sets forth ethical principles for Alexander Technique Teachers who belong to the Irish Society of Alexander Technique Teachers. All ISATT Teaching Members subscribe to this Code of Ethics.

- 1. All Alexander Technique teachers respect the rights, dignity and differences of all individuals they interact with.
- a) Alexander Technique Teachers shall be responsive and supportive in a constructive manner in their interactions with colleagues, associates, and students.
- b) A pupil's right to confidentiality in a lesson shall be respected and confidential information shall not be released to any third party without the consent of the student.
- 2. Alexander Technique Teachers will abide by Irish laws.
- 3. Alexander Technique Teachers shall maintain and promote high standards. In presenting the discoveries of F. M. Alexander. They shall:
- a) Have a working knowledge of the writings of F. M. Alexander.
- b) Present and adhere to the definition of the F. M. Alexander Technique as a dynamic, educational process, which improves the general level of functioning of the individual through the use of the principles of the F. Matthias Alexander Technique.
- c) In the presentation of ideas and techniques clearly identify material that comes from disciplines other than the Alexander Technique.
- d) Work with the principles of inhibition, directions, primary control and psychophysical unity during a course of lessons.
- 4. Alexander Technique Teachers shall continue to further their knowledge through professional interactions such as conferences, workshops, research and publications.
- 5. Alexander Technique Teachers shall provide accurate information to the public and their students about the services the teacher provides and the fees for such services.

- 6. An Alexander Technique Teacher shall recognise that the F. M. Alexander Technique is an educational process and so inform all students, and encourage all students reporting medical conditions to seek professional medical assistance if they have not already done so.
- 7. The well being of students shall take precedence over business concerns at all times.